WUN Thrive Programme

"Resilient leaders build not just careers, but legacies."





WUN Thrive Programme

- Leadership Foundations
- Coaching as a Leadership Skill

- Unleashing Your Potential
- Inclusive Leadership

- Leading with Confidence
- Creating Your Impact





Check in...

Looking back?



Peak moment?









Today's topics

- Exploring and navigating your career path and life phases
- Identifying your unique leadership brand to amplify your leadership journey
- Advocating for yourself and others influencing for impact
- Consider the specific challenges faced by women and identify strategies to build your resilience
- Reflections

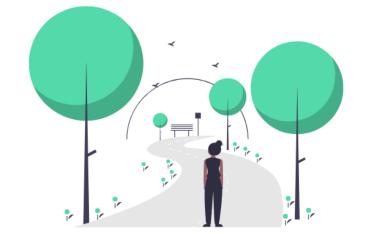






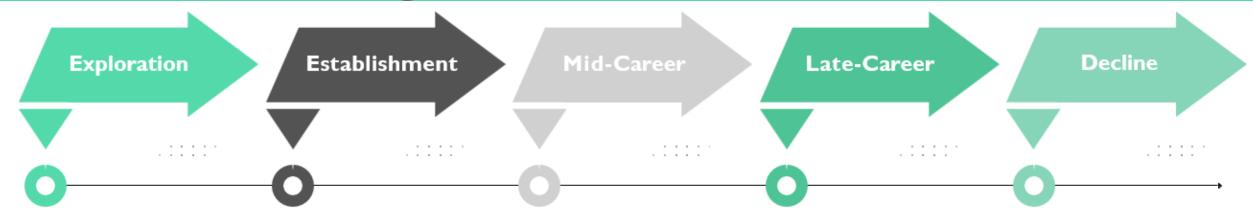
Changing trends in careers?







Career stages



This is the stage before gaining permanent employment and shapes the direction of our professional ambitions.

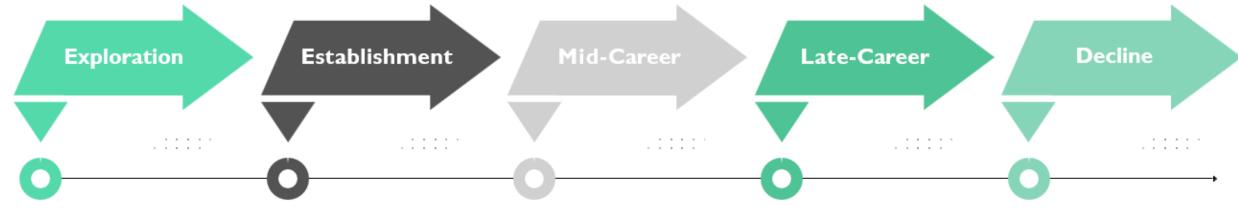
Establishment is the second stage, when we are focused on learning our profession and establishing our place in the workplace.

The third stage is mid-career when we are confident in the workplace, taking on additional roles and very often enjoy promotions.

Late-career is when we are more focused on supporting others' careers, rather than our own. The final stage is decline, when we generally retire from our profession, although we may take on further roles during our retirement.



Career stages – challenges



- Lack of confidence
- Imposter syndrome
- Limited mentors
- Gender stereotypes
- Knowledge & experience gaps

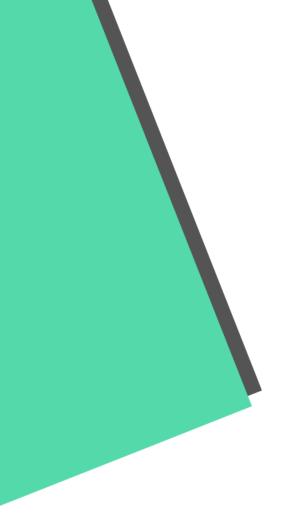
- Workplace biases
- Balancing personal and professional demands
- Lack of visibility
- Pay disparity
- Self-advocacy struggles

- Stepping into leadership
- Promotions
- Burnout
- Glass ceiling
- Imposter syndrome
- Networking gaps
- Balancing caregiving responsibilities
- Motherload
- Peri-menopause
- Parental leave

- Promotions or second careers
- Career stagnation
- Feeling overlooked
- Generational biases
- Lack of mentoring opportunities
- Health
- Menopause

- Staying relevant
- Feeling undervalued
- Limited transition support
- Financial insecurity
- Loss of identity
- Portfolio careers





Career Mapping



GROUP ACTIVITY

OUTLINE:

Career mapping exercise in small groups – share your journey, identify patterns and opportunities...





Career Mapping

- What patterns or insights stand out for you?
- What phases or stages do you notice?
- Were situations determined by life outside work or your choice?
- If events happened again, would you do or react differently?
- How can you use this to build your career strategy for the future?



Top Tips for navigating careers



GROUP ACTIVITY

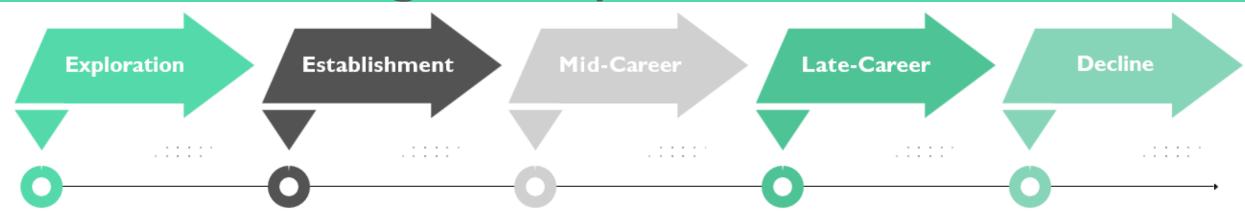
OUTLINE:

What tips and ideas can we share if we find ourselves up against some of these challenges to help us navigate our careers successfully?





Career stages – tips



- Develop skills
- Find mentors
- Track achievements
- Challenge stereotypes

- Self-advocate
- Prioritise balance
- Increase visibility
- Negotiate pay
- Expand network

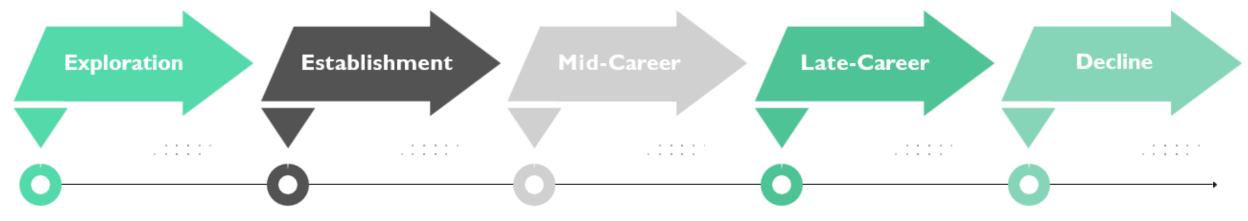
- Set boundaries
- Seek leadership development
- Own expertise
- Expand networks
- Communicate needs

- Seek growth opportunities
- Share expertise
- Stay adaptable
- Support future talent
- Prioritise well-being

- Stay industry-aware
- Leave a legacy
- Plan retirement
- Embrace change
- Redefine success



Career stages – general tips



- Invest in continuous self-development and reflection.
- Join professional networks and groups.
- Practise self-advocacy and have an eye on the future.
- Mentor and support other women in the workplace.
- · Celebrate achievements and use your journey to inspire others.
- Invest in your personal/leadership brand being aware.



Leadership Brand









"I am a purpose-driven leader who thrives on unlocking the potential of people and teams. With a passion for inclusive growth and continuous learning, I create environments where individuals feel heard, valued and empowered. My strengths lie in strategic thinking, empathetic communication and leading through change. I bring calm energy, integrity, and a coaching mindset to every interaction, always aiming to build trust, inspire confidence and deliver meaningful results."



"My leadership is grounded in curiosity, compassion, and courage. I believe in leading with authenticity and fostering cultures where creativity and collaboration flourish. I'm passionate about helping others grow and using my strengths in problem-solving and resilience to navigate complexity. Whether guiding a team through uncertainty or celebrating small wins, I lead with intention, clarity, and optimism. I'm committed to making a positive impact on people and performance every step of the way."



Your brand?

- Be concise
- Use your language
- Be authentic
- Be bold
- Maximum 75 words
- Power of 3





Your personal leadership brand statement

• "I am known for...."

• "I aspire to..."

• "My leadership impact is..."



Your personal leadership brand...



ACTIVITY

OUTLINE:



Create your personal leadership brand statements to share with the group

Amplify your leadership brand

How you show up

Feedback

Advocating

Reflection & review

Power of three

Get social!









Influencing for impact





What strategies can we use when trying to persuade someone?



GROUP DISCUSSION





Dominance Influence Outgoing Direct Enthusiastic Results-oriented Optimistic Firm High-spirited Strong-willed Lively Forceful S Analytical Even-tempered Accommodating Reserved Precise Patient Humble Private **Tactful** Systematic Conscientiousness Steadiness

HOW YOU SEE YOURSELF

Fast-paced & Outspoken

Skeptical & Questioning



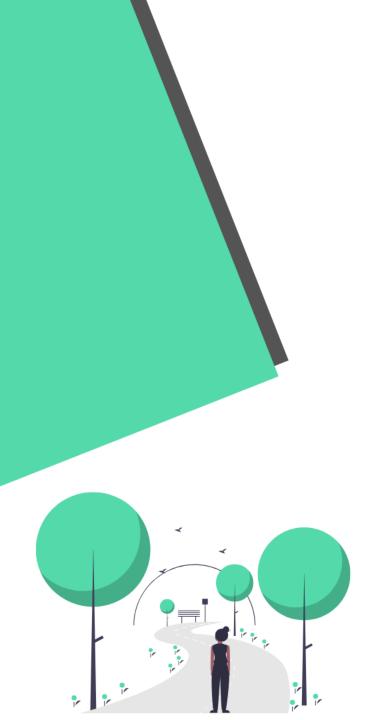
Accepting & Warm

Cautious & Reflective



DiSC Style	Influencing Style	Key Influencing Factors
D	Assertive, results-driven, direct	 Focus on goals and outcomes Uses confidence and authority Pushes for quick action and change Challenges others to take risks
i	Persuasive, enthusiastic, relationship-based	 Builds rapport and energy Uses storytelling and emotion Seeks buy-in through positivity Influences through social connection
S	Supportive, patient, cooperative	 Builds trust through consistency Prefers empathy and one-on-one conversations Encourages collaboration Influences gently and steadily
С	Analytical, logical, detail-oriented	 Uses data, facts, and logic Appeals to accuracy and quality Influences through preparation and expertise Avoids emotional persuasion





Influencing Decoded





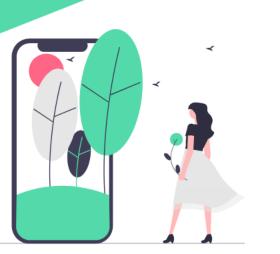
Scenarios

- 1. Encouraging someone to take on more responsibility One of your team is reticent to take on new duties, and you believe it is a confidence issue. You need to delegate some of your own tasks to focus on strategic planning.
- **2. Implementing a New Strategic Direction -** You're presenting a shift in team or departmental strategy to align with the organisation's 5-year plan. It involves significant changes to current ways of working.
- **3. Influencing Upwards for Budget Approval -** You need to convince senior leadership to invest in a new initiative (e.g., leadership development, sustainability, or innovation), requiring a sizable budget and long-term commitment.
- **4. Managing Stakeholder Alignment Across Functions -** You're leading a cross-functional project where multiple departments have conflicting priorities. You must influence stakeholders to align on a shared goal.
- **5. Responding to Organisational Restructuring -** Your organisation is going through restructuring. You need to influence your team to stay engaged and focused, while managing uncertainty and ambiguity.



Influencing Your Stakeholders







Influence? Negotiate?

Influencing	Negotiating
The ability to shape opinions, attitudes, or behaviours—often without formal authority	A structured conversation to reach agreement between two or more parties with different needs or positions
Ongoing process	Defined event or interaction
Subtle, often emotional or value-based	Structured, often transactional
No explicit exchange required	Involves trade-offs and agreement
Often used to build alignment, sponsorship, or change	Often used to secure resources, resolve conflict, or close deals





Influencing Your Stakeholders







The Chocolate Challenge

ACTIONS:

- 1. Complete the Stakeholder Roleplay template
- 2. Make notes on your Influencing Strategy
 - o Drawing on the stakeholder's DISC preference
 - o Consider appropriate language and tone
 - Consider suitable influencing techniques
 - Use relevant aspects of your Personal Brand
 - Think about Words, Music & Dance!
- 3. Have a go at the role using your strategy
- 4. Then reverse ...





The inner game

Performance = Potential - interference





How Women Rise - blockers

- Reluctance to claim achievements
- Expecting others to notice us
- Overvaluing expertise
- Building > leveraging relationships
- Failure to enlist allies
- Putting your job over your career

- The disease to please
- Minimising
- Too much
- Ruminating
- Distractions





Our inner game



ACTIVITY

OUTLINE:

- Where is my Self 1 voice getting in the way and what would trusting my Self 2 look like today?
- ☐ Which habits or behaviours do you believe apply to you? How has discussing them built your awareness of how they affect you?
- ☐ What experiences in your life or work may have shaped the habits or behaviours most likely to hold you back?
- ☐ What stories do I tell myself about my leadership potential with them? How do they shape my decisions and behaviours? ☐



Top tips...

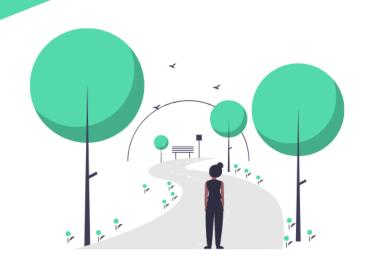
- Resilience through awareness instead of judgement
- Create & nurture empowering beliefs and habits
- Trust yourself
- Focus on now
- Choice not control
- Growth mindset



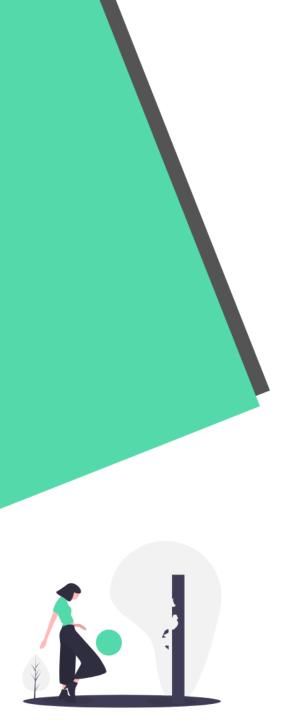




INDIVIDUAL & GROUP REFLECTION







Inclusive Leadership

Sarah & Joolz





WUN Thrive Programme

- Module Four purpose
 - Understanding why Inclusive Leadership is critical for the Utilities Sector
 - Explore the challenges relating to Inclusive Leadership
 - Consider Psychological Safety from a Leadership perspective
 - Reflect on the actions needed to evolve your leadership style





WUN Leadership Ladder

- Leading Yourself: Building Personal Awareness
- Leading Teams: Creating an Inclusive Culture
- Leading Across Functions: Driving Influence
- Leading the Business: Shaping Strategy
- Leading the Industry: Becoming a Changemaker



Today's topics

- Why Inclusive Leadership is a Strategic Imperative for Utilities
- Inclusivity and Unconscious Bias in Leadership
- WUN Inclusive Behaviours
- Creating Psychologically Safe Cultures
- Strategic Language in Leadership
- Conflict Leadership for High-Trust Cultures
- The Leadership Mirror





How will inclusive leadership give us a competitive advantage in a utilities sector facing transformation?







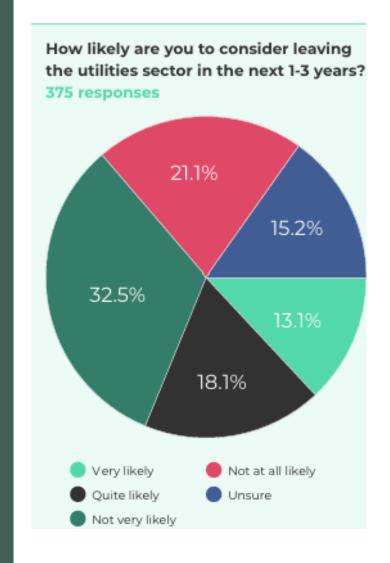


of the women who responded to our survey feel their voice isn't heard at meetings and that they are interrupted when speaking.



of the women who responded to our survey do not believe their opinion is as valued at work as much as their counterparts.







of the women who responded to our survey believe that people at work often assume they know less than they do or over-explain things.



of the women who responded to our survey are often asked to complete tasks that they are overqualified for.

22%

said they felt they were treated differently because of their race.

20%

aid they were treated differently because of their age.

18%

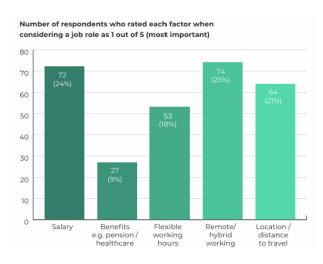
said they were treated differently because of their **sexuality**.

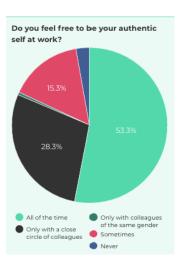
18%

said they were treated differently because of a **health condition**.

7%

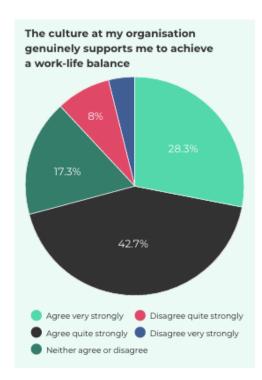
said they were treated differently because of a **disability**.



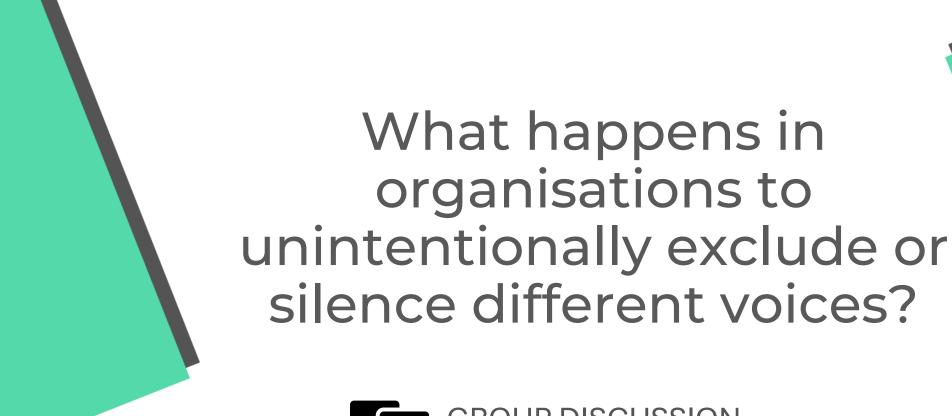


Which words did respondents use to describe their workplace culture?







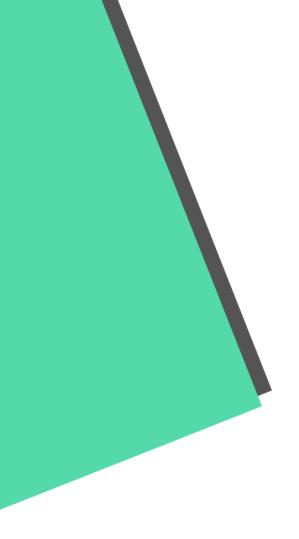












Inclusive Behaviours



SMALL GROUP DISCUSSION





Inclusive Behaviours - draft

Invite Diverse Perspectives

Ask for input from people with different experiences.

Encourage others to share opinions, especially when they differ from your own.

Appreciate and acknowledge unique contributions.

Notice & Address Bias

Reflect on your own assumptions and proactively address them.

Do not accept biased comments or behaviours.

Take action to support colleagues who speak out about bias

Understand Through Listening

Be curious and ask open questions.

Let people finish before responding.

Ask questions to understand, not to reply.

Demonstrate Respect

Treat everyone with kindness and fairness.

Always call out poor behaviours.

Avoid interrupting or dismissing ideas.

Create Opportunities for Reflection

Take time to be clear about your personal values.

Ask yourself how your actions align with your values.

Learn from feedback and share your insights with others.

Empower Through Advocacy

Speak up for someone who isn't being heard.

Engage in mentoring programmes for other women or girls.

Help to raise awareness of/remove barriers that exist for others.

Lead Authentically

Be yourself, it empowers others to do the same.

Make sure your actions match your words.

Admit when you don't have all the answers.



BUILDING PSYCHOLOGICALY SAFE CULTURES

Be themselves

Ask questions

Raise concerns

Take risks

Disagree

Make mistakes

Amy E Videos



BUILDING PSYCHOLOGICALY SAFE CULTURES

Psych Safety

Comfort Zone

High Performance/ Learning Zone

Apathy Zone

Anxiety Zone

Accountability



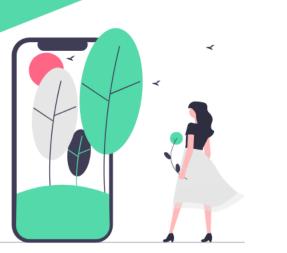
How DiSC Types Impact and Experience Psychological Safety:

DiSC Type	What Builds Psychological Safety	What May Inhibit It	How They Influence Team Safety
D (Dominance)	Clarity of expectations, space to lead, trust in capability	Feeling micromanaged, dismissed, or restricted	May unintentionally dominate or dismiss others—needs to actively create space for quieter voices
i (Influence)	Open dialogue, visible support, positive reinforcement	Criticism, being ignored, lack of enthusiasm	Often champions openness and morale, but may avoid conflict that challenges ideas
S (Steadiness)	Stability, empathy, being listened to	Abrupt change, confrontation, fast- paced tension	Creates safety through consistency and support—needs encouragement to speak up
C (Conscientiousne ss)	Clear rules, fairness, logical feedback	Being rushed, unclear goals, emotional ambiguity	Encourages high standards and rational input—may hold back unless asked directly











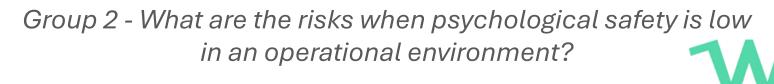


Psychological Safety



GROUP DISCUSSIONS

Group 1 - How is this both a challenge and an opportunity when navigating traditional expectations in male-dominated workplace?







Building our community

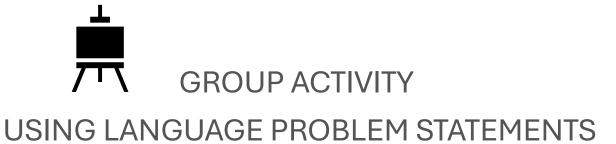
Would you rather?!















Strategic Language in Leadership

- . Language signals what and who is valued consciously or unconsciously.
- Inclusive language builds psychological safety, trust, and engagement.
- Non-inclusive language costs organisations through higher attrition, weaker innovation, and reputational risk.
- Senior leaders set the tone of what is acceptable, expected, and rewarded.
- . WUN Speak Up Campaign



What leadership culture are we creating through the language we use — and is it the one we need for the future?









Conflict leadership for high trust cultures

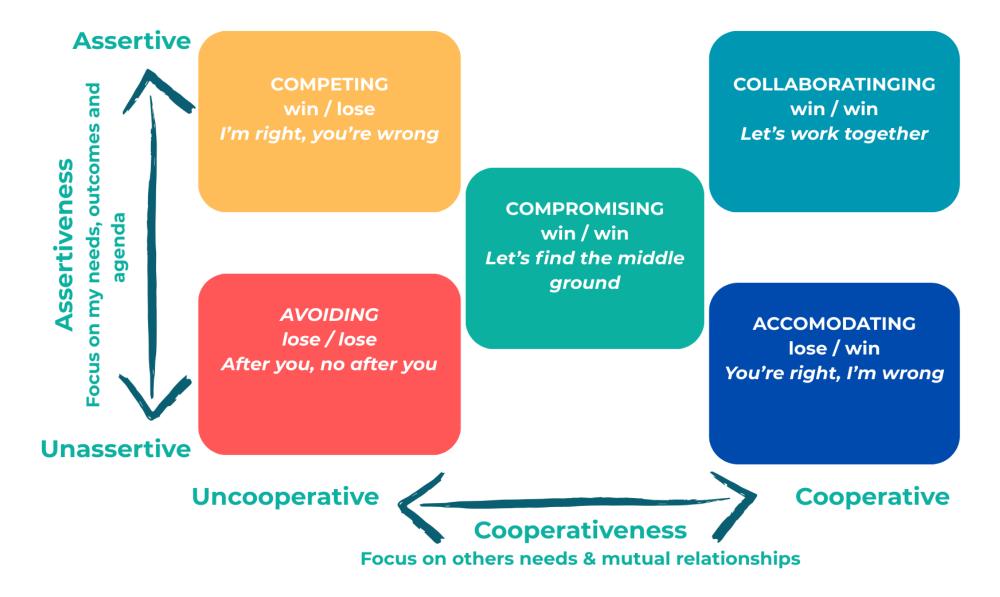
"The Law of Win/Win says, 'Let's not do it your way or my way; let's do it the best way'." Greg Anderson



"No pressure, no diamonds." Mary Case









Conflict Leadership for High-Trust Cultures

- Competing: "Win-lose" assertive and uncooperative (D)
- . Collaborating: "Win-win" assertive and cooperative (I)
- . Compromising: "Split the difference" moderate assertiveness/cooperation
- Avoiding: "Leave it alone" unassertive and uncooperative (C)
- Accommodating: "I lose, you win" cooperative but unassertive (S)



SCENARIOS

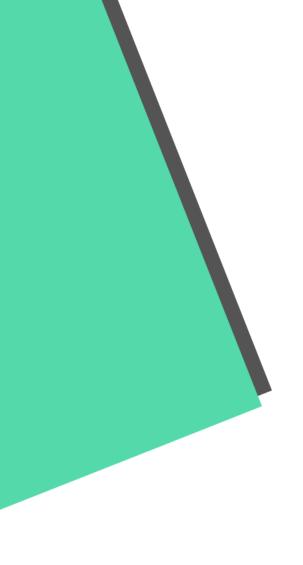
High-Performer Behaving Poorly - A top-performer is consistently dismissive of others' ideas in meetings. Addressing it might risk losing them — but ignoring it could harm team morale.

Vision Misalignment - You believe a new strategic direction proposed by senior leadership will harm long-term business goals. Speaking out could jeopardise your relationship — staying silent could cost the company.

Team Disagreement - Your team has divided opinions on a new flexible working approach. Some argue that everyone needs to be treated the same, others saying that it disadvantages working parents.

Decision-Making Impasse - In a leadership meeting, a decision needs to be made quickly, but the team is stuck in endless debate with no consensus in sight





Solutions

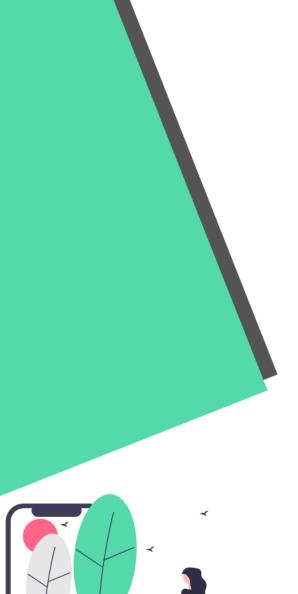




WUN Inclusive leadership and unconscious bias

26.50-30.32



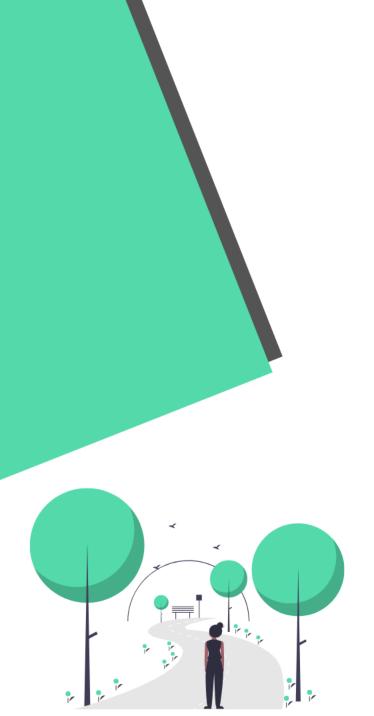


The Leadership Mirror









Reflections & Takeaways



INDIVIDUAL & GROUP REFLECTION

