



EFFECTIVE LISTENING SKILLS

YOUR LISTENING REVIEW

WUN
womens utilities network

1

If I had to choose between speaking and listening, the choice would be:

2

I tend to interrupt people when:

3

When people are expressing their emotions I feel:

4

I find it easy to listen to people when:

5

When I listen to someone I tend to:

6

People I tend to find it difficult to listen to include:

Because:

7

Listening comes easy to me when:

8

I become easily distracted when I am listening if:

9

If I can't have my say I feel:

10

The best listener I know is:

Because: