

# Drive Programme Management Foundations Pre-work

## Pre-work: Strengths Map

Use this template to reflect on and capture your key strengths and areas for development. Be honest and try to be specific—this is your tool for self-awareness and development through the Drive programme. Some examples of strengths would include:.

- **Interpersonal:** such as communication, empathy, listening, conflict resolution.
- **Personal Traits:** such as resilience, curiosity, attention to detail.
- **Leadership:** such as vision-setting, delegation, decision-making, influencing.

But please don't limit your thinking to these examples! This should be personal and relevant to you.

<b>Your Strengths</b>  What are you naturally good at? These are likely to be things that help you to be effective at work.	<b>How naturally does this come to you?</b>  Is this something that comes naturally or is it something you have to consciously work at?	<b>How important is this in your current role?</b>  Is this something that helps you to deliver, influence, collaborate etc.	<b>What feedback have you had about this?</b>  Think about what your current and previous managers, teams and peers have said to you as well any customers, clients and partners,

<b>Areas for development</b> What would you like to improve? These are skills or behaviours that could enhance your effectiveness as a manager.	<b>How does this get in your way?</b> How would changing or improving this make you even more effective?	<b>How important is this in your current role?</b> Is this something that prevents you delivering, influencing, collaborating etc.	<b>What feedback have you had about this?</b> Think about what your current and previous managers, teams and peers have said to you as well any customers, clients and partners,

*Please bring this pre-work along to the first virtual session – this does not need to be submitted in advance.*

*Thank you !!*